



Maine Association for Infant Mental Health

SAVE THE DATE
MAY 12, 2017

30TH ANNUAL CONFERENCE

Tackling the Tough Stuff: Supporting Families at Risk

MAY 12, 2017

8:00 a.m. to 4:00 p.m.

Hilton Garden Inn Freeport Downtown, Freeport, ME
(Please note new venue)



Featuring
Stephan A. Viehweg, ACSW, LCSW, IMH-E

A well-respected, sought-after therapist, presenter, and consultant, Stephan A. Viehweg is an Assistant Research Professor and the Associate Director of the Riley Child Development Center, a nationally recognized interdisciplinary leadership training program supported by the Maternal and Child Health Bureau. He serves as a faculty member of the Indiana University School of Medicine, Department of Pediatrics and the School of Social Work. He is the founding chair of the Indiana Association for Infant and Toddler Mental Health, founding president of Family Voices Indiana, and co-author of the book *Tackling the Tough Stuff: A Home Visitor's Guide to Supporting Families at Risk*.

Conference Overview

Not just for Home Visitors, the PAUSE framework introduced in Mr. Viehweg's book is a valuable tool for all professionals who work with young children. At our conference, Mr. Viehweg will share his work around the importance of relationships, the value of reflective supervision, and the importance of self-care in our work. He will introduce the PAUSE framework (Perceive, Ask, Understand, Strategize, Evaluate) and use examples from his own practice to illustrate how participants can apply it to their work. There will be opportunities for interaction with Mr. Viehweg and networking with fellow participants across a variety of disciplines.

For more information about the conference, please contact Debbie Nugent Johnston, Executive Coordinator at DebraNJ@aol.com or 207-375-8184. Registration materials should be available through e-mail, postal mail, and on our website www.infantmentalhealth.org in early to mid-March.