

THREE STORIES

OF HOPE & RESILIENCY

JOIN IN A COMMUNITY CONVERSATION & SUICIDE AWARENESS TRAINING

To raise awareness around mental illness, substance abuse and suicide. Hear stories of those who have lived experience for themselves or with loved ones; and be part of a local plan of action

For more information contact Nickie at 207-622-5767 Ext. 2312
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WHEN

July 18

5:00 - 8:00

FREE

No registration
required

WHERE

Sipayik Bingo
Hall

59 Passamaquoddy
Road

Pleasant Point

WHAT

60 minute
Suicide
Awareness
training followed
by lived
experience panel

Nothing has the ability to heal the heart, mend the soul or change the mind like hearing the story of another. The NAMI Maine Speakers Bureau is dedicated to raising awareness about mental health and breaking down the stigma surrounding mental illness and suicide.

