



# Yoga for Kids!

## Thursday, August 17

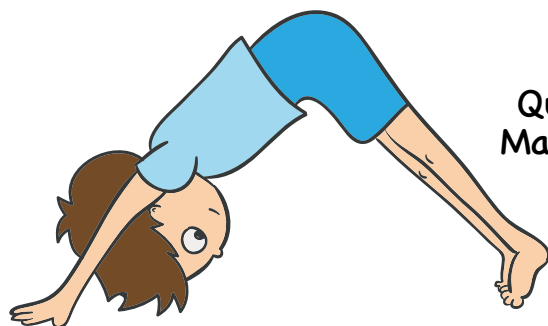
at The Center for Lifelong Learning at  
the UMM Lower Gym

1:00 pm - Children 12 months & younger

1:30 pm - Children 1-3+

A fun activity for parents  
and kids together!

A great introduction to yoga!



Brought to you by Maine Families  
and Bold Coast Yoga

Questions? Call  
Maine Families at  
255-0481

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