



Welcome and Resource Center Donation Needs

From October 22nd to October 28th and on November 3rd Mano en Mano is organizing a welcome and resource center for seasonal and migrant workers.

*Donations can be brought to the Mano en Mano office at 2 Maple St. in Milbridge from Monday to Friday 9-5. If you have any questions or want to **VOLUNTEER**, please talk to Maria Kennedy at mkennedy@manomaine.org or (207) 558-1917.*

Food:

- Canned tomatoes, fresh onions, tomato pasta sauce, green vegetables, other cans of vegetables
- Sliced bread, baguettes, tortillas
- Pasta, ramen noodles
- Cooking oil and bottles of salt-free seasoning
- Bags of rice and dried beans
- Chicken, canned beans, canned fish
- Peanut butter and jelly

Clothing (in order of importance):

- Work boots, rain boots in all sizes
- Warm work coats, jackets and sweaters (not dress coats)
- Shoes (especially 8.5-11.5 size men's and 7-11 size women's)
- Winter hats, work gloves, winter gloves
- Large size warm clothing, large women's sizes
- Work socks
- ***Please no children's clothing***

Other items:

- Warm blankets
- Sleeping bags
- Toiletries
 - Soap, tooth brushes, tooth paste, shampoo
 - Pads, tampons