

**EARLY BIRD REGISTRATION**  
through May 1, 2018  
**ONLINE REGISTRATION** through June 8, 2018

### CONFERENCE SPECIAL ATTRACTIONS

- Incredible speakers from places near and far, INCLUDING London, England!
- Morning plenary sessions both days
- Participatory workshops both days
- Networking topics during lunch
- Attendee Forum Topic: Tips for Future Health and Service Providers from Those Who Know Aging Best, Friday, 2:30-3:20 p.m.

### ACCOMMODATIONS

#### Harborside Hotel and Marina

\$196+ tax per night (800) 328-5033 | [www.theharborsidehotel.com](http://www.theharborsidehotel.com)  
Special group rates are available ONLY until May 14, 2018.  
Be sure to mention the 28th Annual Maine Geriatrics Conference when making your reservation.

#### Bar Harbor Regency

(800) 234-6835 | [www.barharborregency.com](http://www.barharborregency.com)

### CONTINUING EDUCATION CREDITS

The University of New England is accredited by the American Osteopathic Association (AOA) and the Maine Medical Association's Committee on Continuing Education and Accreditation to provide continuing medical education (CME) for physicians. UNE requested that the AOA Council on CME approve this program for 11.0 credits AOA Category 2A CME credits. Approval is currently pending.

### UNE CONTACT HOURS

The University designates UNE contact hours convertible to professional CEUs for all others.

### CANCELLATIONS

In the event of cancellation, a refund of the registration fee, less a 25 percent administration fee, may be obtained by written request to the Division of Geriatric Medicine. Requests must be received by May 22, 2018.

**NOTE:** If you require special accommodations to participate in this conference, please notify the Division of Geriatric Medicine by May 7, 2018 at (207) 602-2134.

### KEYNOTE SPEAKERS

#### Claus Hamann, M.D., M.S.

Claus Hamann, M.D., is the sole proprietor and employee of InformAge. In his role as an elder care and medical management leader, he was recognized for integrating quality, safety and efficiency of health care for vulnerable patients and populations.



**Thursday 8:30 a.m.** Population Health, Meet Eldercare!

**Thursday, 3:15 p.m.** Workshop: Fireside Chat: Aging Concepts and Controversies

#### Stephanie Studenski, M.D., M.P.H.

Stephanie Studenski, M.D., M.P.H., is a nurse and physician with certifications in Internal Medicine, Rheumatology and Geriatrics. At Duke and NIH, her work has focused on aging, mobility and physical function, as well as body composition changes with aging.

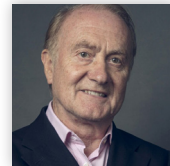


**Friday, 8:15 a.m.** Aging, Mobility and the Health Care Team

**Friday, 1 p.m.** Workshop: Fireside Chat: Aging, Mobility and the Healthcare Team

#### James Goodwin, Ph.D.

James Goodwin, Ph.D., is Chief Scientist at Age UK, Europe's largest charity supporting older people. He is a professor in the Physiology of Ageing at Loughborough University and the University of Exeter Medical School. He speaks regularly in the UK, Europe, Canada and the USA on all aspects of ageing and specializes in communicating science to the media, the public and business professionals.



**Thursday 12:45 p.m.** Back to the Future: Age Friendly Cities and the Future of Aging

### SPECIAL GUEST SPEAKERS

#### Mark Brennan-Ing, Ph.D.

**Thursday 1:45 p.m.** GEN SILENT: A Focus on LGBT Aging Issues

#### Rebecca K. MacAulay, Ph.D.

**Friday 9:15 a.m.** The Aging Brain: What can we do about it?



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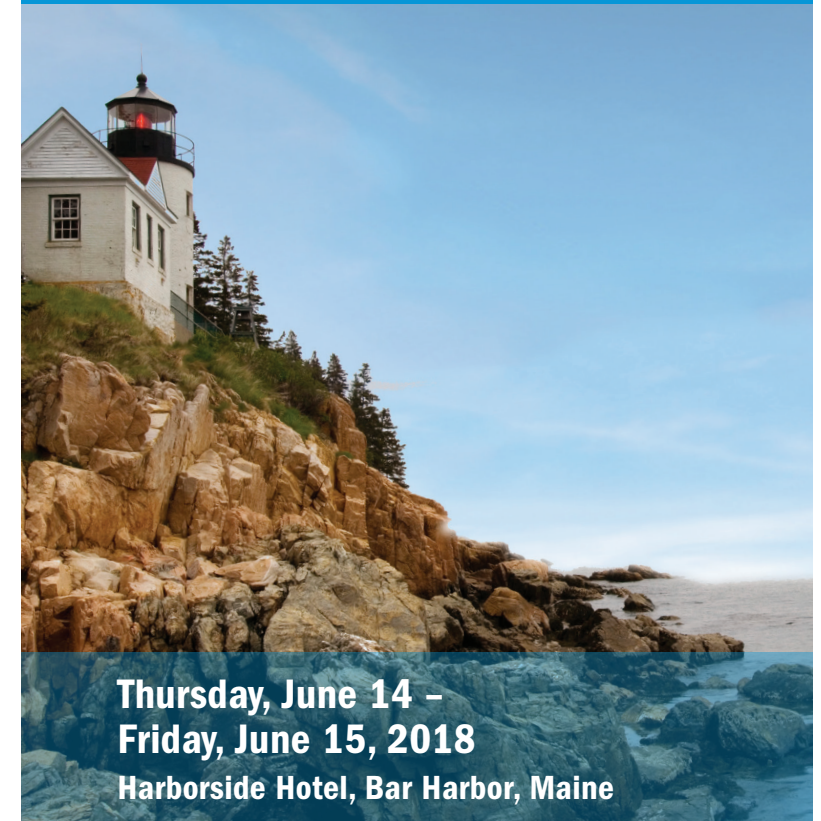
College of Osteopathic Medicine

Division of Geriatric Medicine

11 Hills Beach Road, Biddeford, ME 04005, U.S.A.

# 28th Annual Maine Geriatrics Conference

Where Policy Meets Practice



**Thursday, June 14 –  
Friday, June 15, 2018**  
**Harborside Hotel, Bar Harbor, Maine**



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NEW ENGLAND  
INNOVATION FOR A HEALTHIER PLANET

3.9375 in

3.9375 in

4 in

4 in

## 28TH ANNUAL MAINE GERIATRICS CONFERENCE: WHERE POLICY MEETS PRACTICE

We provide a venue for health practitioners, social service providers and others with interests in the field of aging to come together to share ideas, ask questions and develop or support care strategies affecting older adults in all care settings. This is our task and our mission.

We are dedicated to ensuring that all conference sessions will enlighten, inspire and honor the abilities of our conference attendees. By the end of the conference, you will be better prepared to advance ideas and systems that address older adult health disparities and optimize aging.

### OVERALL LEARNING OBJECTIVES

1. To effectively apply knowledge gained during the conference to actual situations regarding the care of older adults and the support of their informal caregivers.
2. To evaluate older adult health care needs and implement potential mechanisms and modalities to address them.
3. To develop ideas for working with older adults or propose alternative care solutions for improved health and wellbeing as expressed by the older adult.

### WHO SHOULD ATTEND

Nurses, nurse practitioners, physicians, physician assistants, nursing facility administrators, certified nursing assistants, psychologists, social workers, mental health practitioners, occupational therapists, physical therapists, substance abuse counselors and other aging enthusiasts.

### CONFERENCE SPONSORS

As this list is dynamic, please view complete list of sponsors and exhibitors on the Maine Geriatrics Conference Website:  
[www.une.edu/com/geriatric/events/maine-geriatrics-conference](http://www.une.edu/com/geriatric/events/maine-geriatrics-conference)

Applications for exhibitors will be accepted on a space-available basis, through June 8, 2018. Sponsorships always accepted.

### CONFERENCE PLANNING COMMITTEE

Kalie Hess, MPCA; Elizabeth Gattine, USM/Muskie; Lenard Kaye, UMaine Ctr on Aging; Judy Rawlings, MCOA; Clifford Singer, EMHS/DGS; Tanya Sleeper, UMaine Fort Kent/Aroostook Cty; Holly Zielinski, M4A; Valerie Sauda, Co-Chair, Husson University; Marilyn R. Gugliucci, Chair, University of New England/COM

## THURSDAY JUNE 14, 2018

- 8 a.m.** Welcome and Conference Announcements  
Marilyn R. Gugliucci, Ph.D.  
Susan Wehry, M.D.
- 8:30 a.m.** Population Health, Meet Eldercare!  
Claus Hamann M.D., M.S.
- 9:45 a.m.** BREAK
- 10:15 a.m.** Workshops Session A
- A1. The Life Book Project: A Window To The Past – An Impact on Nursing’s Future in Gerontology**  
Donna Hyde, M.S.N/Ed., R.N., M.G.S.F.
- A2. Measuring the Costs of Elder Abuse**  
Kimberly Snow, M.H.S.A.
- A3. Does Asking for Help Make Me Look Helpless?**  
Susan Wehry, M.D.
- A4. Prevention in Older Adults; Breaking Isolation with Men**  
Greg Marley, L.C.S.W.  
Dee A. Kerry, B.Ed.
- 11:30 a.m.** LUNCH: Networking Lunch Tables
- 12:45 p.m.** Back to the Future: Age Friendly Cities and the Future of Ageing  
James Goodwin, Ph.D.
- 1:45 p.m.** GEN SILENT: A Focus on LGBT Aging Issues  
Mark Brennan-Ing, Ph.D.
- 2:45 p.m.** BREAK
- 3:15 p.m.** Workshops Session B
- B1. Evaluation of a Maine Village Model for Supporting Aging in Place**  
David C. Wihry, M.P.A.  
Kara Janes, K., L.M.S.W.
- B2. LGBT Health: Considerations and Conversation will dialogue with attendees and share examples of training content.**  
Moderator: Mark Brennan-Ing, Ph.D.
- B3. Fireside Chat: Aging Concepts and Controversies**  
James Goodwin, Ph.D.  
Claus Hamann, M.D.
- B4. Aging in Place in Maine: Policies & Programs in Practice**  
Lori Parham, M.S., Ph.D.

## FRIDAY JUNE 15, 2018

- 8 a.m.** Welcome and Conference Announcements  
Marilyn R. Gugliucci . Ph.D.
- 8:15 a.m.** Aging, Mobility and the Health Care Team  
Stephanie Studenski, M.D., M.PH.
- 9:15 a.m.** The Aging Brain: What can we do about it?  
Rebecca K. MacAulay, Ph.D.
- 10 a.m.** BREAK
- 10:30 a.m.** Workshops Session C
- C1. Fireside Chat: Diving Deeper into the Aging Brain**  
Rebecca K. MacAulay, Ph.D.
- C2. Program Design Recommendations and Treatment Strategies with Older Men**  
Lenard Kaye, Ph.D., D.S.W.
- C3. Improving Patient Activation through Evidence Based Self-Management Programs**  
Kristin Overton, M.B.A  
Nate Miller, L.M.S.W.
- C4. Understanding POLST – Maine’s Physician Orders for Life Sustaining Treatment (Repeat of Session D3)**  
Mary Lou Ciolfi, J.D., M.S.  
James VanKirk, M.D.
- 11:45 p.m.** LUNCH: Dirigo Geriatrics Society Meeting and Networking Lunch Tables
- 1 p.m.** Workshops Session D
- D1. Fireside Chat: Aging, Mobility and the Health Care Team**  
Stephanie Studenski, M.D., M.PH.
- D2. Making Your Own Herbal Tinctures: Who, What, Why, & How**  
Eileen Fingerman, M.D.
- D3. Understanding POLST – Maine’s Physician Orders for Life Sustaining Treatment (Repeat of Session C4)**  
Mary Lou Ciolfi, J.D., M.S.  
James VanKirk, M.D.
- D4. MCOA Policy Track: Aging Policy Year in Review**  
Jessica Maurer, Esq.
- 2:15 p.m.** BREAK
- 2:30 p.m.** Attendee Forum: Changing the Face of Aging in Maine: Tips for Future Health and Service Providers from Those Who Know Aging Best  
Valerie Sauda, M.S.N., R.N.-B.S., M.G.S.F.
- 3:20 p.m.** Raves and Rants Wrap up  
The Maine Geriatrics Conference Planning Committee

## REGISTRATION

Mail-in and online registration accepted **through June 8.**

NAME, DEGREE
JOB TITLE
ORGANIZATION
ADDRESS
CITY, STATE, ZIP
EMAIL <i>Required for conference confirmation</i>
PHONE

**SPECIAL SERVICES** *If special services are required, please let us know (dietary, hearing, etc.)*

### FEES

Early Bird registration fees **through May 1.**

	MGS Member Early/Regular	Non-Member Early/Regular	Student Early/Regular
Wednesday/Thursday	<input type="checkbox"/> \$215/\$240	<input type="checkbox"/> \$235/\$260	<input type="checkbox"/> \$235/\$260
Thursday Only	<input type="checkbox"/> \$120/\$140	<input type="checkbox"/> \$145/\$165	<input type="checkbox"/> \$90/\$95
Friday Only	<input type="checkbox"/> \$120/\$140	<input type="checkbox"/> \$145/\$165	<input type="checkbox"/> \$90/\$95

MPCA FQHC Providers may pay the MGS Member Rate.

### PAYMENT METHOD

Check/money order (payable to UNE)  MC  VISA  Discover

CREDIT CARD # EXP. DATE

NAME ON CARD CVV#

CARDHOLDER’S ADDRESS (IF DIFFERENT)

CARDHOLDER’S SIGNATURE

### UNE COM Division of Geriatric Medicine

11 Hills Beach Rd, Biddeford, ME 04005  
Tel: (207) 602-2134 Fax: (207) 602-5943  
Email: [geriatricsconference@une.edu](mailto:geriatricsconference@une.edu)

To register online please visit [www.regonline.com/mainegeriatricsconference](http://www.regonline.com/mainegeriatricsconference)

To view session descriptions, speaker bios and sponsors and exhibitors please visit [www.une.edu/com/geriatric/events/maine-geriatrics-conference](http://www.une.edu/com/geriatric/events/maine-geriatrics-conference)