

MeAIMH MEMBERSHIP APPLICATION

Name _____

Address _____

Phone _____ Email _____

Profession/Practice: _____

Amount Enclosed (Circle one)

Agency Membership \$150.00

5 copies of the Newsletter and other publications, 10% discount for any five staff members at MeAIMH-sponsored events.

Individual Membership \$35.00

Individual copy of the Newsletter and other publications, 10% discount at MeAIMH-sponsored events.

Student Membership \$20.00

Same benefits as individual; please provide name of agency or institution at which you are studying on a full- or part-time basis.

Donation \$ _____

Because membership dues only partially off-set the expenses of the Association, donations in excess of dues are extremely valuable.

Dues and donations are both tax-deductible. Make check payable to: MeAIMH, Inc. The membership year is January 1st to December 31st. Detach the completed application and mail to:

Debra Nugent Johnston
MeAIMH Executive Coordinator
592 Sawyer Road, Greene, ME 04236
Phone/Fax: 207-375-8184 E-mail: debranj@aol.com

If you are not now a member of the Association, and would like to join and take advantage of the 10% discount in conference registration costs, you may either join as an Individual Member to December 31, 2018 upon payment of \$35.00 or to December 31, 2019 upon payment of \$52.50 (in addition to payment of the \$130.50 member conference registration fee). For either option, please complete the above form, in addition to the conference registration form on the reverse side.



The Maine Association for Infant Mental Health

Presents:

Finding the Hope and Strengths In Substance-Exposed Young Families



Featuring:

Jayne Singer, PhD

Developmental Medicine Center,
Boston Children's Hospital

May 18, 2018

8:15 AM – 4:00 PM

**Hilton Garden Inn
Freeport Downtown**

5 Park St.

Freeport, Maine



Maine Association for Infant Mental Health, Inc.
Supporting Secure Attachments for a Lifetime of Promise
-Since 1979-
592 Sawyer Road, Greene, Maine 04236

PRESENTER

Jayne Singer, PhD

Faculty & Founder Early Care and Education Initiative, Brazelton Touchpoints Center; Clinical Director, Child and Parent Program, Developmental Medicine Center, Boston Children's Hospital; Past President, Massachusetts Association for Infant Mental Health: Birth to Six, Inc.

Dr. Singer is a clinical psychologist with extensive experience working with children and families in hospital, school, and community-based settings. She has been with the Boston Children's Hospital since 1988. Currently, she is the Clinical Director of the Child and Parent Program in the Developmental Medicine Center, where she works with families of children aged birth through early childhood with a wide variety of medical, developmental, emotional, behavioral, and familial challenges.

Dr. Singer has also developed adaptations of the Touchpoints Approach for families living with children with Special Needs, as well as for mental health practitioners. She is the primary author of the *Touchpoints in Early Care and Education Reference Guide* and the *Touchpoints in Reflective Practice* guides for practitioners and mentors.

Conference Overview

This conference will help participants to understand the challenges faced by the substance-exposed family, and apply relational strategies for families to recognize their strengths and sources of resilience. Collaboration among families and professional partners assists in providing support for children and families and developing connections to community resources. This process will be most effective when communities: (a) create a vision of family strength and resilience and a relational environment that understands developmental and trauma processes, (b) and integrate strategies that support collaboration and deep understanding of children's behavior; especially when a family system is already stressed by substance exposure.

The *Brazelton Touchpoints Approach* is a developmental-relational approach that focuses on implementing a set of practices such as sharing careful observation of children's behavior and focusing on parents' strengths to improve parent-provider and parent-child relationships that promote family health and wellness.

Participants will be able to...

- Discuss their implicit biases about substance-using parents
- Describe the effects of substance exposure on the newborn
- Apply an understanding of state-regulation and mutual regulation across early childhood
- Define and explore elements of developmental processes that are key to understanding challenging behavior
- Describe the role of trauma in affecting developmental process
- Apply the Touchpoints strength-based attitude that the parent with Substance Use Disorder is the expert on their child to promote engagement and attachment

Schedule of the Day

8:15 - 9:00	Registration
9:00 - 9:15	Welcome and Introduction
9:15 - 10:00	Developmental Framework for Understanding Substance-Exposed Infants and their Parents
10:00 - 10:30	Applying the Concepts of State Regulation as the Child and Family Develop
10:30 - 10:45	Break
10:45 - 12:00	Applying the Developmental Framework
12:00 - 1:00	Lunch and MeAIMH, Inc. Presentation
1:00 - 2:15	Trauma-informed and Relational Framework for Understanding and Providing Compassionate Care for Substance-Exposed Families
2:15 - 2:30	Break
2:30 - 3:30	Partnering with Parents with Substance Use Disorder
3:30 - 4:00	Wrap Up

REGISTRATION

Registration is **\$145.00** for non-members and **\$130.50** for **MeAIMH members and Conference Sponsors**. Lunch is included. University of Maine and Psychology CEUs will be available. All participants will receive a certificate for 5.0 contact hours.

NO REFUNDS OF REGISTRATION FEES ARE POSSIBLE AFTER MAY 11th

Name _____

Agency/Position _____

Mailing Address _____

Email _____

Phone _____

MeAIMH Member or Sponsor Yes No

If so, which organization _____

AMOUNT ENCLOSED \$ _____
(or Purchase Order #) Make Check Payable to MeAIMH, Inc.

Registration online is also available through PayPal by visiting our website: www.infantmentalhealth.org

Please indicate any special accommodations required:

Please return to *Conference 2018*, c/o Debra Nugent Johnston, 592 Sawyer Road, Greene, Maine 04236, by **May 11th** with your check payable to MeAIMH or a Purchase Order Number. Questions to Debra at phone/fax 207-375-8184 or e-mail debranj@aol.com The Hilton Garden Inn Freeport (207-865-1433) has a limited number of hotel rooms at a rate of \$119.00 for May 17th.

Be sure to mention it is for the infant mental health group and make your reservation by 4-17-18.

