

# Team Up for Your Child

## FREE WORKSHOP

The road map to behavioral health services that families need for autism, ADHD, psychiatric and developmental issues.

Saturday, Feb 2, 2019

Wings, 900 Hammond St.  
Bangor

9 a.m. to 4 p.m.  
Free lunch included

Space is limited to 18 participants.  
Register at [gearparentnetwork.org](http://gearparentnetwork.org),  
or call 1-800-264-9224 today.



*Facilitated by: Diane Bouffard, CPSP  
Team Leader, G.E.A.R. Parent Network*

Getting services for a child with behavioral health needs can be overwhelming. “Team Up for Your Child” is a step-by-step guide designed to help families navigate confusing service systems and work smarter with doctors, schools, agencies and insurers.

When a child has serious behavioral health issues, you suddenly have a team of professionals in your life who provide a variety of services. This team could include doctors, therapists, health workers and teachers – but remember that the coach of this team is you, the parent. You are the only one who takes care of the whole child.

Learn how to:

- Identify your child’s strengths and needs
- Make sense of reports and evaluations
- Understand your child’s treatment plan
- Track your child’s progress
- Translate the Individualized Education Program

This workshop is offered free of charge to parents, grandparents and guardians who are currently parenting a child with behavioral health needs.

**Register today!**  
Visit [gearparentnetwork.org](http://gearparentnetwork.org)  
or call 1-800-264-9224.



*Wendy Lowe Besmann, a longtime freelance writer and the mother of a child with autism and bipolar disorder, authored this guide in consultation with 23 health and education professionals.*

**G.E.A.R.**  
**PARENT NETWORK**  
the place where Gaining Empowerment Allows Results  
*A program of Crisis & Counseling Centers*