



**SEPTEMBER 16<sup>TH</sup>**  
**10 AM TO 2 PM**

# **SENIOR HEALTH AND RESOURCE FAIR**

**Eastport Welcome Center  
Port Authority Building  
141 Water Street**

*This **free** community event is sponsored by*



**Speakers**

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**Exhibits**

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**Demonstrations**

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**Experts on Healthy  
Aging**

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**Community  
Resources**

## **SPEAKERS:**

10:30 Fraud/Scam Prevention

*Eastport Police Department*

11:00 Senior Financial Exploitation

*Maine Legal Services for the Elderly*

11:30 Diabetes & Cancer  
Prevention

*Deb Pottle & Barb Vittum- EHC*

12:00 Preparing for an Emergency

“Build a Kit, Make a Plan”

*Cindy Light – Eastport Health Care*

1:00 Social Isolation

*Blanche Barnes, DCP*

1:30 Understanding Medicare

*Penny Cross - EAAA*