

Do you have experience supporting a child struggling with their mental health?

Are you interested in helping other families who are walking the same journey?

Do you believe in the power of building community among lived experience?

Join national trainer and creator of the NAMI Basics program, Dr. Teri Brister, for a 3-day train-the-trainer!



is a 6-week class to support children experiencing mental health needs.

Completing the 3-day train-the-trainer allows attendees to teach this psycho-social education class in their local community. *To attend the training, you must have a loved one who developed mental health concerns under the age of 18.*

SEPTEMBER 20TH – 22ND, 2019
Augusta Area

For details and registration, visit:
www.namimaine.org/basicsteachertraining19

PLEASE NOTE THAT PRE-REGISTRATION IS REQUIRED.
TRAINEES ARE EXPECTED TO FACILITATE NAMI BASICS TWICE IN A 2-YEAR PERIOD.

For more information, please contact:
Libby Wright, Youth Mental Health Programs Coordinator at:
libby@namimaine.org or 622-5767, ext. 2320

Supported through Maine AWARE



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National Alliance on Mental Illness