Week 1

Topic: Overview of IFSS roles and skills

Assigned Readings:

• The Community Caring Collaborative: Case Study of a Grassroots Collaboration to Create a System of Care for At-risk Infants, Young Children, and Their Families in Washington County, Maine, Marjorie Withers, Maine Policy Review, Summer/Fall 2009

• Planning for Cultural and Linguistic Competence in Systems of Care – Checklist for Systems of Care Communities, (April 2004) Washington, DC: National Center for Cultural Competence, Georgetown University Center for Child and Human Development – see attached and also use this link to explore the National Center for Cultural Competence website http://nccc.georgetown.edu/

• And the Journey Continues: Achieving Cultural and Linguistic Competence in Systems Serving Children and Youth with Special Health Care Needs and their Families, Goode, T. D., Jones, W., Dunne, C., and Bronheim, S. (2007), Washington, DC: National Center for Cultural Competence, Georgetown University Center for Child and Human Development, -- use this link to view the National Center for Cultural Competence website

• Wraparound: Resource Guide, Section 2 – Wraparound Principles, the National Wraparound Initiative -- use this link to the National Wraparound website: http://nwi.pdx.edu/wraparound-basics/

Recommended Readings:


• Reducing Premature Infants’ Length of Stay and Improving Parents’ Mental Health Outcomes With the Creating Opportunities for Parent Empowerment (COPE) Neonatal Intensive Care Unit Program: A Randomized, Controlled Trial, Bernadette Mazurek Melnyk, Nancy F. Feinstein, Linda Alpert-Gillis, Eileen Fairbanks, Hugh F. Crean, Robert A. Sinkin, Patricia W. Stone, Leigh Small, Xin Tu and Steven J. Gross, Pediatrics (2006) 118, e1414–e1427
Week 2

Topic: Impact of Poverty on IFSS Practice

Assigned Readings:
- *See Poverty...Be the Difference*, (text book), Donna Beegle, EdD, Communication Across Barriers (2007) – on loan to students for the duration of the class, or purchase for $25 from the CCC

- Profile for Washington County – children in poverty 2005-2016, *Kids Count Data Center*, Maine Children’s Alliance, sponsored by the Annie E. Casey Foundation – see IFSS page on CCC website for link to this chart.

- 2018 Federal Poverty Guidelines, office of the Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services

Recommended Readings:

Supplemental Reading: (website links or journal citations only)
- (For historical background) *The Culture of Poverty*, by Oscar Lewis, Scientific American (Oct 1966) downloaded from the George Gerbner Archive, UPenn and available on the IFSS page of the CCC website

Week 3

**Topic:** Trauma and its Impact and Implications

**Assigned Readings:**
- *Excessive Stress Disrupts the Architecture of the Developing Brain,* working paper 3, National Scientific Council on the Developing Child, the Center on the Developing Child, Harvard University – use this link to see other working papers http://developingchild.harvard.edu/resources/reports_and_working_papers/working_papers/

**Recommended Readings:**

**Supplementary Readings:** (citations only)
Week 4

Topics: Substance Abuse and Mental Health Issues in Adults

Assigned Readings:


- *Drug Abuse and Addiction: Understanding the SIGNS, SYMPTOMS, AND Effects*, Debra Cutter, Ellen Jaffe-Gill, Robert Segal, Jeanne Segal, (February 8, 2008) helpguide.org, *in collaboration with Harvard Health Publications* — use this link to access other helpguide articles http://www.helpguide.org/ - or visit IFSS page of CCC website for live link

- *How Addiction Hijacks the Brain*, adapted with permission from the Harvard Mental Health Letter, helpguide.org, *in collaboration with Harvard Health Publications*, use this link to access other helpguide articles http://www.helpguide.org/home-pages/addiction.htm - or visit IFSS page of CCC website for live link


- *Maternal Depression Can Undermine the Development of Young Children*, working paper 8, *Center on the Developing Child* at Harvard University (2009) — use this link to access other Center on the Developing Child articles http://www.developingchild.harvard.edu - or visit IFSS page of CCC website for live link


Recommended Readings:


- *What is Substance Abuse Treatment: A booklet for Families*, SAMSHA DHHS Publication No. (SMA) 04-3955, NCADI Publication No. BKD503

Supplemental Readings (citation only):

Week 5

Topics: Development

Assigned Readings:


- *The Impact of Early Adversity on Children’s Development*, from *Inbrief: Early Childhood Mental Health*, A series of brief summaries of essential findings from recent scientific publications and presentations by the Center on the Developing Child at Harvard University -- use this link to access other Inbrief articles - [www.developingchild.harvard.edu/resources/](http://www.developingchild.harvard.edu/resources/)


Recommended Readings:

- *Addressing Social, Emotional, and Behavioral Challenges Through Play*, Deborah Hirschland, 2009 *Zero To Three*

- *Infant Neurobehavioral Development* by Barry M. Lester, PhD, et al., published in *Seminars in Perinatology* (Feb 2011) Vol. 35, Issue 1, Pages 8-19

- *Touchpoints-Birth to Three*, T. Berry Brazelton and Joshua D. Sparrow, Da Capo Press; Second Edition (Sep 26, 2006) – *textbook on loan at CCC Library*

Supplemental Reading (citation only):

