Domestic Abuse Support Group

Have you ever experienced
– or are you currently experiencing –
domestic abuse from a partner?

Not sure?

Have you either now or ever
lived with a partner who isolates, controls, demeans,
critiques, scares or physically hurts you?

If so...

you are not alone!

Support groups are a great way to help break the isolation and talk with others who have been in similar situations, while learning more about abuse and supporting each other.

Support groups are a great place to get support and give support.
Give back to others while helping yourself.

If you can relate to this message, we want to hear from you.
An educational support group is forming in your area.
Please call 800-315-5579

NextStep
Domestic Violence Project
Hancock & Washington Counties, Maine

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800-315-5579 800-315-5579