

# Maine Alliance for Recovery Coaching (Maine-ARC) Recovery Coaching in the Emergency Room

Healthy Acadia is excited to offer a  
**FREE**  
**CCAR Recovery Coaching in an  
Emergency Room Training**  
**February 11th-12th - Bangor**  
**8:30am - 5:00pm**



*Recovery Coaching Basics:  
An Introduction for all*

*This course will help participants*

- Describe the roles and functions of the Recovery Coach working in the Emergency Department
- Understand and practice staying in your lane
- Develop skills to advocate and educate staff, patients, etc.
- Use of Motivational Interviewing (MI) to bring people through the stages of change into Recovery
- Further develop your art of Recovery Coaching

The Connecticut Community for Addiction Recovery (CCAR)  
16-hour training is offered as a 2-day course  
facilitated by Denise Black and Terri Woodruff  
CCAR Authorized Trainers

**To register for one of the training  
sessions, use this link:**  
<https://forms.gle/8u2fbCK3tzkwVhGBA>

For more information contact:  
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Denise Black - [denise@healthyacadia.org](mailto:denise@healthyacadia.org)

## RECOVERY COACHING in the Emergency Room

Emergency Departments now recognize that Recovery Coaches can make a difference in this high paced setting by connecting those that are present in the ED to pathways of recovery that can be sustained in the long term.



State of Maine  
**Substance Abuse and  
Mental Health Services**  
An Office of Maine Department of Health and Human Services



<http://ccar.us/#training>