

# 30th Annual Maine Geriatrics Conference

Where Policy Meets Practice



Thursday, June 11 –  
Friday, June 12, 2020

Harborside Hotel, Bar Harbor, Maine

We provide a venue for health practitioners, social service providers, and others with interests in the field of aging to come together to share ideas, ask questions, and develop or support care strategies affecting older adults in all care settings. This is our task and our mission.

We are dedicated to ensuring that all conference sessions will enlighten, inspire, and honor the abilities of our conference attendees. By the end of the conference, you will be better prepared to advance ideas and systems that address older adult health disparities and optimize aging.

## CONFERENCE SPECIAL ATTRACTIONS

- World-renowned speakers from the U.S.
- Morning plenary sessions both days
- Participatory workshops both days
- Networking topics and special presentations during lunch
- Attendee Forum: *Kairos Alive™*: Dancing Together is Good Medicine!, Friday, 2:30 p.m.

## OVERALL LEARNING OBJECTIVES

- To effectively apply knowledge gained during the conference to actual situations regarding the care of older adults and the support of their informal caregivers
- To evaluate older adult health care needs and implement potential mechanisms and modalities to address them
- To develop ideas for working with older adults or propose alternative care solutions for improved health and wellbeing as expressed by the older adult

## WHO SHOULD ATTEND

Nurses, nurse practitioners, physicians, physician assistants, nursing home administrators, certified nursing assistants, psychologists, social workers, mental health practitioners, occupational therapists, physical therapists, substance abuse counselors, and other aging enthusiasts.

## THURSDAY, JUNE 11, 2020

### 8 a.m. Opening Session

Marilyn R. Gugliucci, Ph.D., Chair, Conference Planning Committee

### 8:30 a.m. Recent Advances in Our Understanding and Treatment of Elder Abuse

Mark S. Lachs, M.D., M.P.H.

### 9:45 a.m. BREAK: Exhibit Hall Open

### 10:15 a.m. Workshops Session A

#### A1. Maine Relay: Resources for Mainers with Disabilities

Debra Bare-Rogers, M.S.

#### A2. Fireside Chat with Dr. Lachs

Mark S. Lachs, M.D.

#### A3. How to Think Globally About Cognitive Impairment in Primary Care

Amy Madden, M.D.

#### A4. The Future of Aging in Maine – Aging Policy Year in Review

Jess Maurer, J.D.

### 11:30 a.m. Lunch Exhibit Hall Open – Networking Lunch Tables

#### Special Session A: EngAging: Photo-Voice Stories of Older Adults Living With and Living Through Loneliness

Grace Ellrodt, B.A., Student Researcher

#### Special Session B: AgingME – Geriatrics Workforce Enhancement

Susan Wehry, M.D.

### 12:45 p.m. Social Isolation and Loneliness in Midlife and Older Age

Lisbeth (Lis) Nielsen, Ph.D.

### 1:45 p.m. Older Adults Technology Services (OATS)

Tom Kamber, Ph.D.



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## THURSDAY, JUNE 11, 2020 (CONTINUED)

2:45 p.m. **BREAK: Exhibit Hall Open**

### 3:15 p.m. Workshops Session B

#### B1. Empowerment Self Defense: Protecting Ourselves and Others – for Older Adults and All the Rest of Us!

Clara Porter, M.S.W., and Brigit McCallum, Th.D. (GEM)

#### B2. Fireside Chat on Isolation and Loneliness

Lis Nielson, Ph.D.

#### B3. The Power of Personal Narrative: Using Story to Create Community

Elizabeth Peavey, B.A.

#### B4 Probate Basics Workshop

Susan M. Longley, M.A., J.D.

## FRIDAY, JUNE 12, 2020

### 8 a.m. Welcome and Announcements

Marilyn R. Gugliucci, Ph.D.

### 8:15 a.m. Dementia Reimagined

Patricia (Tia) Powell, M.D.

### 9:15 a.m. Maine State DHHS/OADS Update

Commissioner Jeanne Lambrew

### 10 a.m. **BREAK: Exhibit Hall Open**

### 10:30 a.m. Workshops Session C

#### C1. Functional Contentment: Person Centered Dementia Care Model

Daniel Pierce, D.O., M.S.Ed.

#### C2. Introductory Interactive Workshop with Kairos Alive!™

María DuBois Genné, M.Ed., and Parker Genné, B.Music

#### C3. HELP [Hospital Elder Life Program] and Delirium Prevention

Heidi R. Wierman, M.D.

#### C4. Telehealth: Embedding Solutions Within At-Risk Facilities

Stephen Baybutt M.S., R.N.

### 11:45 a.m. LUNCH – Dirigo Geriatrics Society Meeting and Networking Lunch Tables

### 1 p.m. Workshops Session D

#### D1. Fireside Chat with Dr. Powell

Tia Powell, M.D.

#### D2. Empowerment Self Defense: Protecting Ourselves and Others – for Older Adults and All the Rest of Us!

Clara Porter, M.S.W., and Brigit McCallum, Th.D. (GEM)

#### D3. What'sApp-D?

Susan Wehry, M.D., and Regula Robnett, Ph.D., OTR/L

#### D4. Channeling Your Inner Marie Kondo: Tidying Up Medication Lists Through Deprescribing

Sydney P. Springer, Pharm.D., M.S.; Macayla Landi, M.A., Pharm.D.; and Nicolette Centanni, Pharm.D.

### 2:15 p.m. **BREAK: Let There Be Cake!**

### 2:30 p.m. Attendee Forum: *Kairos Alive!*™!

Dancing Together is Good Medicine!

María DuBois Genné, M.Ed., and Parker Genné, B.Music

### 3:25 p.m. **Raves and Rants Wrap Up**

## ACCOMMODATIONS

### Harborside Hotel and Marina

\$202+ tax per night (800) 328-5033 | [www.theharborsidehotel.com](http://www.theharborsidehotel.com)

Special group rates are available ONLY until May 15, 2020.

Be sure to mention the 30th Annual Maine Geriatrics Conference when making your reservation. This rate is available until May 15 or until the block is full.

### Bar Harbor Regency

(800) 234-6835 | [www.barharborregency.com](http://www.barharborregency.com)

## CONTINUING EDUCATION CREDITS

The University of New England is accredited by the American Osteopathic Association (AOA) and the Maine Medical Association (AMA PRA) to provide continuing medical education (CME) for Physicians.

UNE requested that the AOA Council on CME approve this program for 11.0 credits AOA Category 2-A CME Credits. Approval is currently pending.

UNE COM designates this educational activity for a maximum of 11 AMA PRA 1 Credit(s)™. This activity has been planned and implemented with the accreditation requirements and policies of Maine Medical Association through the Joint Providership of UNE COM and the Division of Geriatrics.

## CANCELLATIONS

In the event of cancellation, a refund of the registration fee, less a 25 % administration fee, may be obtained by written request to the Division of Geriatrics. Requests must be received by May 22, 2020.

**NOTE:** If you require special accommodations to participate in this conference, please notify the Division of Geriatrics by May 6, 2020, at (207) 602-2134.

## CONFERENCE SPONSORS

As this list is dynamic, please view a complete list of sponsors and exhibitors on the Maine Geriatrics Conference website:

[www.une.edu/com/geriatric/events/maine-geriatrics-conference](http://www.une.edu/com/geriatric/events/maine-geriatrics-conference)

Applications for exhibitors will be accepted on a space-available basis, through June 5, 2020. Sponsorships always accepted.

## CONFERENCE PLANNING COMMITTEE

Sarah Morrill, MEPCA; Sandra L. Parker, MHA; Karen Mason, Maine OADS; Elizabeth Gattine, USM/Muskie; Lenard Kaye, UMaine Ctr on Aging; Judy Rawlings, MCOA; Clifford Singer, EMHS/DGS; Tanya Sleeper, UMaine Fort Kent/Aroostook Cty; Holly Zielinski, M4A; Valerie Sauda, co-chair, Husson University; Marilyn R. Gugliucci, chair, University of New England/COM.



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## EARLY BIRD REGISTRATION through April 30, 2020 | ONLINE REGISTRATION through June 5, 2020

To register online please visit <https://cvent.me/ZQV8v0>

To view session descriptions, speaker bios, sponsors, and exhibitors please visit [www.une.edu/com/cme/events/geriatrics-conference](http://www.une.edu/com/cme/events/geriatrics-conference)

### REGISTRATION Mail-in and online registration accepted through June 5.

NAME, DEGREE

JOB TITLE

ORGANIZATION

ADDRESS

CITY, STATE, ZIP

EMAIL Required for conference confirmation

PHONE

**SPECIAL SERVICES** If special services are required, please let us know (dietary, hearing, etc.)

### FEES Early Bird registration fees through April 30.

	FQHC PROVIDER AND STAFF		GENERAL		STUDENT/RETIREE	
	Early	Regular	Early	Regular	Early	Regular
<b>Thursday/Friday</b>	<input type="checkbox"/> \$220	<input type="checkbox"/> \$245	<input type="checkbox"/> \$240	<input type="checkbox"/> \$265	<input type="checkbox"/> \$110	<input type="checkbox"/> \$135
<b>Thursday Only</b>	<input type="checkbox"/> \$125	<input type="checkbox"/> \$145	<input type="checkbox"/> \$145	<input type="checkbox"/> \$165	<input type="checkbox"/> \$90	<input type="checkbox"/> \$95
<b>Friday Only</b>	<input type="checkbox"/> \$125	<input type="checkbox"/> \$145	<input type="checkbox"/> \$145	<input type="checkbox"/> \$165	<input type="checkbox"/> \$90	<input type="checkbox"/> \$95

### PAYMENT METHOD

Check/money order (payable to UNE)  MC  VISA  Discover

CREDIT CARD #

EXP. DATE

NAME ON CARD

CVV#

CARDHOLDER'S ADDRESS (IF DIFFERENT)

CARDHOLDER'S SIGNATURE

#### UNE COM Division of Geriatrics

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