Simply email this information to info@unitedwayem.org with the subject “Volunteer Opportunity to post”. Our goal is to post within 24 hours if not sooner. We will follow up with any questions:

- Volunteer Opportunity Name
- Organization Name
- Contact Person/Volunteer Coordinator
  - Email
  - Phone number
- Description of Volunteer Opportunity [brief]
- Approximate Time Commitment:
- Impact Area (list any that apply)
  - Food Security
  - Substance Use Recovery/Accountability
  - Childcare/Education
  - Senior Services
  - Emergency preparedness
  - Financial Stability and Security
  - Social Isolation Prevention
  - Other: __________________

- Please list if any of the following are required to serve in this position:
  - A background check
  - Specialized training
  - Vehicle
  - Phone
  - Internet Access/Email