



Weekly Online Support Group

Who should attend?

- Parents and Caregivers of children or youth with emotional/behavioral concerns
- Any parent/caregiver who has questions about their child's services, needs or behaviors or who just wants to talk to another parent.

Date: Wednesdays from 1 to 3 p.m.

Location: Webinar

Facilitated by Parents for Parents. We are a gathering of parents, grandparents, caregivers and foster parents who have children with emotional and behavioral health issues who are learning from our own experiences, sharing our knowledge, our pain and our successes with other parents. We use parenting education, some referral services and a lot of emotional support! We offer no guarantees, only hope, sharing, caring and perhaps some helpful suggestions. We have been there; we know how you feel and **You Are Not Alone!**

To register call 1-800-264-9224 or for more information about this group, please call your local Regional Parent Support Coordinator, Shannan Boyorak 207-944-4295/sboyorak@crisisandcounseling.org