



VA Caregiver Support Program of General Caregiver Support

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The mission of the Program of General Caregiver Support is to promote the health and wellbeing of Caregivers who care for our nation's Veterans through education, resources, support, and services. We aim to serve Caregivers with respect and excellence, and to provide tools that empower them to care for themselves and the Veteran.

Caring for a Veteran?
Call VA's Caregiver Support Line for help toll-free:
1-855-260-3274
Monday - Friday, 8:00 am - 11:00 pm EST
Saturday, 10:30 am - 6:00 pm EST

VA Caregiver Support PROGRAM

Department of Veterans Affairs

Our program is focused on four core elements:

◆ Education and Support

We provide individual and group educational and support opportunities both in person and virtually via telephone or online.

◆ Collaboration and Partnerships

We strive to create meaningful partnerships with both VA and community services to identify caregiver needs and meaningful resources for support.

◆ Outreach

We are dedicated in participating in state-wide outreach events to increase awareness of the Caregiver Support Program and ensure veteran caregivers are aware of available supports.

◆ Resources and Referrals

We are available to assist veteran caregivers with navigating systems both within the VA and the Community to meet the needs of both the veteran and the caregiver.

If you are caring for a veteran who served after September 11, 2001 there may be additional assistance available through the

Program of Comprehensive Assistance for Family Caregivers.

For additional information regarding the Comprehensive Assistance for Family Caregivers please visit:

https://www.caregiver.va.gov/support/support_benefits.asp

Or contact Jessica Sinclair, LCSW Program Coordinator (207) 623-8411 x5906

