



## RECOVERY COACHING BASICS®

Recovery Coach Academy

Based on our flagship training, the CCAR Recovery Coach Academy®, this curriculum delivers a more basic, introductory version of Recovery Coaching for those who want a general understanding of the recovery process. By focusing on the foundational principles of Recovery Coaching, the individual can better support and embrace loved ones and colleagues as well as the millions of people living in recovery in our communities. Much like the journey of Recovery, this training provides an emotionally rich experience, combined with skills and techniques for real life application.

### PARTICIPANTS WHO COMPLETE THIS TRAINING WILL:

- Define and increase fluency in the language of Recovery
- Build capacity for understanding, support, and advocacy of Recovery
- Learn about specific skill sets key to supporting Recovery
- Create a learning community which advances the recognition, acceptance, and support of Recovery

**This training provides 6 CEUs/Contact Hours.**

## Healthy Acadia is excited to offer 12 FREE CCAR Recovery Coaching Basics Trainings - 9:00am - 2:00pm

*July 28	October 7	January 6	April 7
*August 5	November 4	February 3	May 5
*September 2	December 2	March 3	June 2

### Registration is open to Maine residents only

Each training will consist of 5 hours on-line, with 1-2 hours of pre/post work assigned

**\* To be offered as an On-line training - Other dates/locations TBD**

**To register for one of the training sessions use this link:**

<https://forms.gle/hoQ2drB8bHBNkFcs6>

The Connecticut Community for Addition Recovery (CCAR) training is conducted by Denise Black and Terri Woodruff, CCAR Authorized Trainers



For more information contact:

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