



Healthy Acadia is working with the USDA, Catholic Charities Maine hunger and relief services based in Aroostook County in partnership with Pineland Farms to distribute thousands of boxes of

FREE food for ALL Washington County residents.

Wednesday, July 15

10 am-12 pm 114 Main St, Freshies parking lot, Princeton
2 pm-4 pm 361 South St, Tradewinds parking lot Calais

Wednesday, July 22

1 pm-3 pm 90 Main St, Pellon Center parking lot, Machias
4 pm- 6 pm Red Barn Motel parking lot, behind BHBT, Milbridge

Each box will include the following Maine products:
5# potatoes; 6# of microwavable mashed potatoes; 2 1/2# Cheddar cheese and; 1/2 gallon of **fresh** 2% milk.

For more information contact Regina at 263 4396
or by email at regina@healthyacadia.org



