



## Project ECHO: Downeast MAT Expansion

**Please join us in this local effort to respond to Maine's opioid epidemic through education, skill-building, and networking for Downeast clinicians.**

### OFFERED ALL ONLINE

The Healthy Acadia Downeast MAT Expansion ECHO program seeks to build local capacity to treat individuals who are struggling with OUDs across Hancock and Washington Counties by offering free education, skill building, and networking to clinicians and the practices they work in. Healthy Acadia, working closely with many key community partners, is offering this Project ECHO program over the coming year.

**When:** *Third Thursday of the month from October 2020 to May 2021; 11:30 a.m. – 1:00 p.m.*

This eight-session offering shifts the focus to clinical issues intended to provide support for X-waivered clinicians and practice teams who are actively offering MAT services. The target audience includes primary care teams, including x-waivered primary care MAT prescribers and other team members who seek support to improve and sustain MAT. Participants from the MAT Readiness Academy will also be invited to join.

### **What is Project ECHO?**

[Project ECHO®](#) (Extension for Community Healthcare Outcomes) is an evidence-based educational model developed by researchers at the University of New Mexico. The ECHO model™ uses videoconferencing to connect interdisciplinary specialist teams with primary care clinicians to build knowledge, confidence and skills to treat complex conditions through case-based learning, mentoring, guidance, treatment recommendations, and didactic education.

Each 90-minute ECHO session will include a brief lecture, a case presentation and discussion between participants and faculty. CME credits are available.

### **Participant Commitment:**

- Attend monthly ECHO sessions
- Complete pre- and post-assessments at beginning and ending of program
- Complete session evaluation surveys to help w/ongoing quality improvement efforts. Required for CME

## Brief Schedule

*For more information, including a more detailed schedule,  
contact: [caroline.bloss@healthyacadia.org](mailto:caroline.bloss@healthyacadia.org).*

**MAT Expansion ECHO:** eight ECHO sessions held on the 3rd Thu, 11:30 a.m. – 1:00 p.m.

DATE	SESSION	TOPIC
<b>October 15, 2020</b> 11:30 am-1:00 pm	<b>MAT ECHO Session #3</b>  Alane O'Connor, DNP	Managing Co-Occurring Stimulant Use Disorder
<b>November 19, 2020</b> 11:30 am -1:00 pm	<b>MAT ECHO Session #4</b>  Abby Frutchey, LADC, CCS	Trauma Informed Practice
<b>December 17, 2020</b> 11:30 am-1:00 pm	<b>MAT ECHO Session #6</b>  Alane O'Connor, DNP	Working with Challenging Patients (ex: acutely intoxicated, threatening)
<b>January 21, 2021</b> 11:30 am-1:00 pm	<b>MAT ECHO Session #5</b>  Leslie Bridgman, MA, JD, LCDP	MAT Inside the Jail
<b>February 18, 2021</b> 11:30 am-1:00 pm	<b>MAT ECHO Session #7</b>  Kinna Thakarar, DO	Identifying & Addressing SUD-Related Health Conditions (HIV, Hepatitis, Infections)
<b>March 18, 2021</b> 11:30 am-1:00 pm	<b>MAT ECHO Session #8</b>  Brian Fuehrlein, MD, PhD	Concerned Significant Others & Family Intervention
<b>April 15, 2021</b> 11:30 am-1:00 pm	<b>MAT ECHO Session #9</b>  Stephanie Nichols, PharmD, BCPS, BCPP, FCCP	Addressing Risk of Drug Overdose in MAT Patients
<b>May 20, 2021</b> 11:30 am-1:00 pm	<b>MAT ECHO Session #10</b>  TBD	Suicide Screening & Prevention