



**Do holidays stress you out?
Family demands, family
obligations, boundaries?
Barb Koch will facilitate a
supportive, parenting group
in Washington County to
discuss *Parenting in
Recovery* during the holiday
season.**

This is an approved program of DHHS and MCT

Circle of Parents **Parenting in Recovery**

**When: Every Monday
Time: 11:30am - 12:30pm
Where: Online via Zoom**

**Zoom ID: 3848005813
Zoom Password: support
Register: Call/text 263-5270**

