



## WHO IS A CAREGIVER

A Caregiver is someone who provides personal care services for a Veteran. These services could include assistance with activities of daily living like personal hygiene, or providing supervision to ensure the safety of the Veteran.

A Caregiver can be a spouse, significant other, adult child, parent, family member, or a friend.

## PROGRAM OVERVIEW

VA offers a wide range of services for Caregivers of eligible Veterans of all eras.

Caregivers of eligible Veterans who were seriously injured in the line of duty on or before May 7, 1975 or after September 11, 2001 may be eligible for additional support and services, including financial assistance.

Every VA Medical Center has a Caregiver Support Coordinator who can help you locate the services you need (see contact information on the back of this brochure or on the website).

[www.caregiver.va.gov](http://www.caregiver.va.gov)

## U.S. Department of Veterans Affairs Caregiver Support Program

*For more information contact your  
local Caregiver Support Coordinator  
for  
VA Maine:*

**(207) 623-8411 x5906**

**VA Caregiver  
Support Line:**

**1-855-260-3274 toll free**



[www.caregiver.va.gov](http://www.caregiver.va.gov)

**VA**



**U.S. Department of Veterans Affairs**

Veterans Health Administration  
Maine Healthcare System

U.S. Department of Veterans Affairs  
Veterans Health Administration  
Washington, DC 20420

VA Caregiver Support  
Tri-fold Brochure  
Adapted 3/8/2021  
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# Caregiver Support Program Overview



*You're there to support the Veteran.*

**We're here  
to  
support you.**



**VA  
HEALTH  
CARE** | Defining  
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in the 21st Century



## ABOUT THE PROGRAM

VA's Caregiver Support Program was developed to support Caregivers of Veterans, our partners in ensuring the best care of Veterans. Our goal is to strengthen and support Caregivers in this role.

The Program offers a menu of services including on-line courses, one-on-one coaching and group learning events, telephone support, and peer support. You can choose to participate in one or all of these services.

Every VA Medical Center has a Caregiver Support Coordinator (CSC). This professional is your key to accessing this menu of services and more. Contact the CSC nearest you for more information about caregiving, connecting to resources within VA and your community, navigating the VA system and providing you support.

## SERVICES TO SUPPORT ALL CAREGIVERS

**Eligible Veterans and/or their Caregivers may qualify for:**

- Skilled Nursing
- Home Health Aide
- Home Based Primary Care
- Veteran Directed Home & Community Based Care
- Peer Support
- Telehealth
- Medical Equipment
- Home Modification
- Vehicle Modification
- Aid & Attendance
- Support Groups
- Respite Care Services
- Education and Training on Caregiving
- Assistance with long term care planning
- One-on-one coaching sessions with a focus on general care giving or a specific diagnosis.

**Caregivers of pre 5/7/1975 or post 9/11 Veterans may be eligible for additional services, if:**

1. The Veteran suffered or aggravated a serious injury, illness or disease in the line of duty, on or before May 7, 1975 or on or after September 11, 2001;
2. The Veteran is 70% or more service connected for their illness, injury or disease;
3. The serious injury requires the need for personal care services in everyday living (like eating, toileting, bathing) for a minimum of 6 months based on a clinical determination that takes into account various factors;
4. It is in the best interest of the Veteran to participate in the Program;
5. Personal care services provided by the Caregiver will not be provided through another individual or entity;
6. The Veteran is enrolled in VA Healthcare and will continue to receive care through the VA.

*NOTE: There are additional criteria beyond what is listed here.*

**The caregivers of these Veterans may additionally qualify for:**

- A Monthly Stipend
- CHAMPVA Healthcare coverage
- Mental Health Services
- Respite Care Services
- Travel, Lodging and Per Diem during required training and Veteran medical appointments