



## ADULT CRISIS STABILIZATION UNITS

*Navigating Through a Behavioral Health Crisis*



# AMHC

[www.amhc.org](http://www.amhc.org)

You are not alone.  
Support is available to get you through this.

180 Academy Street, Suite 1, Presque Isle

**(207) 768-3304**

127 Palmer Street, Calais

**(207) 454-1910**

## WHO ARE WE?

AMHC Adult Crisis Stabilization Units (ACSU) are located in Presque Isle and Calais. The ACSU is a voluntary service that offers crisis stabilization in a community-based setting. Each unit provides a 24-hour, short-term residential program for adults 18 years and older experiencing a behavioral health crisis. The goal is to stabilize the client before higher levels of care are needed. The average length of stay is five to seven days.

AMHC accepts all clients regardless of race, color, creed, national origin, primary language, or handicap. Both facilities are handicap accessible and ADA compliant.

## WHAT DO WE DO?

ACSU staff members provide one-on-one care and supervision to help develop short-term treatment goals. AMHC will collaborate with the client's existing providers and also help connect the client to resources and services that are needed post-discharge to support stabilization.

## HOW DO I GET HELP?

Individuals considered for admission to the ACSU will undergo a preliminary screening to ensure they meet the age and clinical admission criteria. Self-referrals are accepted. Please contact the ACSU nearest you by calling the number on the front of this card.



**AMHC**

For more information visit:  
**[www.amhc.org](http://www.amhc.org)**

*AMHC services are supported in part by the Maine  
Department of Health and Human Services.*