

Applied Suicide Intervention Skills Training (ASIST)



Training with CEUs

March 15-16, 2022

9 a.m. to 4 p.m.

Downeast Recovery
Support Center

311 Main Street Calais, ME

ASIST is designed for first responders, teens, parents, school personnel, or anyone who works in a helping profession.

ASIST is open all community members who are 16 years or older.

Pre-registration is required.

Applied Suicide Intervention Skills Training is for anyone 16 or older—regardless of prior experience—who would like to gain suicide first-aid skills.

ASIST is a two-day, interactive workshop in suicide first-aid. Participants learn to recognize when someone may be at risk for suicide and work with them to create a plan that will support their immediate safety.

For more information, or to register, contact Tara Young at 812-2090 or tara@healthyacadia.org.

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