

Maine Alliance for Recovery Coaching

Be part of the Movement
Recovery Happens!

Learn more about how to become a Recovery Coach!

Contact a Coordinator near you:

Hancock County
donna@healthyacadia.org

Maine Recovery Core
kriste.sprague@healthyacadia.org

Somerset County
saustin@kbhmaine.org

Waldo County
rachel.bell@voanne.org

Washington County
gretchen@healthyacadia.org

OR

[Click here for application](#)

A Recovery Coach is a trained individual who promotes Recovery; helps to remove barriers; builds recovery capital; connects people with recovery support services; and encourages hope, optimism, and healthy living.



TRAININGS AVAILABLE

Recovery Coach Academy

CCAR RCA is a 5-day intensive training focusing on providing individuals with the skills needed to guide and support anyone who would like to enter into or sustain recovery from an addiction to alcohol and or other drugs.

registration link: <https://forms.gle/5fvWo2NyC8nVAeHV6>

Recovery Coaching Basics

Based on CCAR's flagship training, RCA, this 1-day training delivers a more basic, introductory version of Recovery Coaching for those who want a general understanding of the recovery process.

registration link: <https://forms.gle/KW1Cs1zuuiF8J8Yn7>

Recovery Coaching in the ED

CCAR 2-day training focuses on the role of a recovery coach in the ER and how to adapt to the fast paced environment of the ER with a common goal.

registration link: <https://forms.gle/YAnq5Ybg2hpcZ9MXA>

Ethical Considerations for Recovery Coaching

CCAR 3-day training focusing on the ethical challenges Recovery Coaches face while providing a framework for creating good boundaries. **(RCA is a prerequisite for this training)**

registration link: <https://forms.gle/hWVsfFoHRCN47ERM6>

CoacherVision

CCAR 2-day training based on the concept of "coaches coaching coaches", this training will provide participants with an understanding of how to best support coaches day- to-day and develop coaches for long-term success.

registration link: <https://forms.gle/eGEA7AZsM46JA25t9>

Recovery Coaching and Professionalism

This CCAR 2-day training which provides an overview of the professional characteristics needed for success while exploring the art and science of recovery coaching.

registration link: <https://forms.gle/FVBCFsjsGAAv78Sv8>