



U.S. Department of Veterans Affairs
 Veterans Health Administration
 Maine Healthcare System



VA Maine’s Caregiver Support Program Annual Caregiver Summit

Caregiver Health & Well-Being

Time	Topic/Title of Content	Faculty
9:30am – 9:45am	Tracye Davis FACHE Todd Stapley DO Angela McKenney LCSW	
9:45am – 10:00am	Survey	Kylie Higgins
10:00am – 11:00am	Caregiver Support – Improving the Health and Well-Being of our Nation’s Caregivers	Kristen Bingaman, OT Tammy Holman LCSW CJ Ritchie, Caregiver
11:00am – 11:15am	Break	
11:15am – 11:45pm	Whole Health Experiential	Kristen Bingaman
11:45am – 12:15pm	Red Cross Resiliency Program	Celeste Stimpson
12:15pm-- 12:30pm	Questions / Closing	Angela McKenney