

RESPIRE FOR ME GRANTS



ARE YOU A CAREGIVER?

Thousands of Mainers care for family members who are older, have a disability, or are not their biological child. Caregivers can also be neighbors extending a helping hand to an older adult, or someone with Alzheimer's or related dementias. Respite for ME Grants, funded by the Maine Jobs and Recovery Plan, will allow caregivers to access respite care as well as other services not currently covered by existing programs. Eligible caregivers may receive funds in order to access needed services.

YOU ARE A CAREGIVER IF ...

- You are an adult family member or other informal caregiver 18 years of age or older providing care to individuals 60 years of age or older.
- Adult family member or other informal caregiver 18 years of age or older providing care to individuals of any age living with dementia and related diseases, including Alzheimer's.
- Relative, not including parent, 55 years of age or older providing care to children under 18 years of age.
- Relative, including parent, 55 years of age or older providing care to adults 18 to 59 years of age with disabilities.

*** A caregiver must be able to demonstrate that they were negatively impacted financially and/or suffered economic hardship directly or indirectly associated with the COVID-19 Pandemic.

COVERED SERVICES, MAY INCLUDE...

 SELF CARE	 COUNSELING	 ASSISTIVE DEVICES
 TRANSPORTATION	 ASSISTIVE TECHNOLOGY	 CHORES
 HOME MODIFICATION / REPAIR	 LEGAL CONSULTATION	 RESPIRE
 DURABLE MEDICAL EQUIPMENT	 CAREGIVER TRAINING	 DENTAL SERVICES

FOR MORE INFORMATION, CONTACT EASTERN AREA AGENCY ON AGING
AT 1.800.432.7812 OR (207)941.2865

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