

Therapeutic Services Overview

Prevail offers convenient, affordable, and private therapy via weekly video sessions with a licensed therapist as you complete evidence-based sessions that equip you with the skills you need to feel better.

Therapy isn't just there as a response to trauma or crisis. Regular check-ins with an awesome therapist are a proactive way to develop your humanhood and take ownership of your future.

Contact Us!

Phone: (865) 419-9278

Website: Prevail Counselling & Consulting, PLLC (prevailcc.net)

You can also find us on **Psychology Today** by searching Prevail Counselling & Consulting!