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## Defusing Challenging Behaviors: How to Effectively De-Escalate Your Child"



Presented by Heather Williams, CFPS, Regional Parent Support Coordinator

**May 10, 2025 10am-1pm.**  
**Webinar only**



What is the best way to quickly defuse your child's challenging behavior in the heat of the moment? Yelling at them? Punishing them? Grounding them in their room for a week? Or giving "Show 'em who's BOSS" vibes. Using these harsh methods will only add fuel to the fire. And the point is NOT TO make things worse in those intense situations. Join us in learning to use different techniques that can help defuse a situation before it gets worse

**This workshop is available by webinar  
only via Zoom™**

**Please pre-register to attend online at  
[www.gearparentnetwork.org](http://www.gearparentnetwork.org)**

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Facilitated by parents for parents. We offer unconditional support: no blame, no shame, and no judgment!  
We want you to know that you are not ALONE!

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