## Your Community Needs You – Become a Hospice Volunteer!



Join Down East Hospice Volunteers for Fall 2025 Training!

October 20, 23, 24, 26, and 29 (must attend all days) 10 AM – 3 PM | Calais Community Hospital

We need caring people like you! No special background is required - just a desire to offer companionship and support.

## Training includes:

Advance directives, grief and loss, dementia/Alzheimer's, family dynamics, stress management, and more.

## Requirements:

- Must attend all five training days
- Pre-training interview required
  - Valid driver's license needed •
- Background check completed after training (no cost) •

Questions are welcome - contact us today!
Email info@downeasthospice.org or call 454-7521 ext. 9126
Applications available at www.downeasthospicevolunteers.org

Gas cards available when appropriate

Celebrating 44 Years of Compassionate Care